

## Ulster Open

27 April 2013

University of Ulster, Jordanstown

Class	Pl.	Name	Club	Area	Bwt.	Snatch				Jerk				Total	Sinclair	Cat.	
					Women												
63 kg.	1.	Emma Alderdice	GoLift	Belfast	59.60	55	60	65	60	68	73	77	77	137	189.14	Snr.	
	2.	Helen Smyth	The Unit	Craigavon	61.80	47	49	51	49	62	75	68	68	117	157.51	W1	
	3.	Sarah Howes	GoLift	Belfast	59.90	30	34	38	38	40	45	50	50	88	121.06	Snr.	
69 kg.	1.	Sarah Swan	The Edge	Dublin	66.50	42	44	45	44	52	56	58	58	102	130.91	Snr.	
	2.	Lorna Cummins	C.F.W.D.	Belfast	67.20	35	37	41	41	52	55	60	60	101	128.78	Snr.	
	3.	Edel Fitzpatrick	Unattached	Belfast	67.50	37	40	40	40	48	49	51	51	91	115.72	Snr.	
75 kg.	1.	Hannah McCormack	GoLift	Belfast	72.40	35	38	40	38	55	60	61	55	93	113.51	Snr.	
	2.	Lucy Moore-Fox	E.C.B.	Dublin	70.20	34	36	37	37	45	48	50	50	87	108.07	W5	
+75 kg.	1.	Leah Craig	GoLift	Belfast	83.80	35	40	40	40	50	55	60	60	100	113.44	Snr.	
	2.	Roberta Stewart	GoLift	Belfast	83.60	28	31	35	35	30	35	40	40	75	85.17	Snr.	
					Men												
56 kg.	1.	Declan McCullagh	GoLift	Belfast	53.20	43	43	43	43	50	54	57	54	97	157.75	Yth.	
	2.	Donal McLaughlin	St. Gabriel's	Belfast	51.50	38	40	40	40	46	48	50	50	90	150.36	Yth.	
62 kg.	1.	Ross Johnston	Unattached	Belfast	60.50	35	40	40	35	46	50	55	50	85	125.12	Yth.	
69 kg.	1.	Ross Stewart	GoLift	Belfast	68.30	75	80	80	80	95	95	95	95	175	236.97	Snr.	
	2.	Dawid Zych	Unattached	Belfast	62.20	37	41	46	46	52	57	62	57	103	148.62	Yth.	
	3.	Jake Wright	Unattached	Belfast	64.40	35	40	44	40	50	55	60	60	100	140.83	Yth.	
77 kg.	1.	Timmy Graham	GoLift	Belfast	72.90	90	95	100	95	110	115	122	122	217	282.13	Snr.	
	2.	Abdelrahman Amer	Unattached	Belfast	72.70	82	86	86	86	105	109	109	105	191	248.73	Snr.	
	3.	Jonathan McCullagh	GoLift	Belfast	72.90	85	90	95	90	95	100	105	100	190	247.02	Snr.	
	4.	Ali Jackson	GoLift	Belfast	76.10	70	75	80	75	85	90	95	95	170	215.52	Snr.	
	5.	Jamie Hill	St. Gabriel's	Belfast	74.20	63	67	70	70	83	86	90	90	160	205.84	Yth.	
	6.	Mark Loughbride	GoLift	Belfast	74.60	65	70	75	75	75	80	80	80	155	198.78	Snr.	
	7.	Sean McCullagh	GoLift	Belfast	73.30	65	70	75	70	72	78	85	78	148	191.79	Snr.	
	8.	Ryan Johnson	Abbey	Newry	72.30	57	60	63	63	77	80	80	80	143	186.85	Yth.	
	9.	Niall McGovern	Abbey	Newry	76.20	60	60	60	60	77	80	83	83	143	181.15	Yth.	
	10.	William Ball	GoLift	Belfast	73.30	60	64	64	60	75	80	81	81	141	180.97	Snr.	
	11.	Daniel Duffin	Unattached	Belfast	76.30	60	65	65	60	70	72	77	77	137	173.42	Yth.	
	12.	Conor Keenan	Abbey	Newry	69.70	54	57	60	60	60	65	72	72	132	176.44	Yth.	
	13.	Thomas Neill	Unattached	Belfast	73.50	45	50	55	55	65	70	74	74	129	168.27	Yth.	
85 kg.	1.	James Swan	The Edge	Dublin	82.30	104	108	110	108	125	130	--	125	233	283.04	Snr.	
	2.	Niall Madden	Unattached	Belfast	83.40	80	85	88	88	100	105	105	105	193	232.85	Snr.	
	3.	R J Greenlee	GoLift	Belfast	82.30	50	54	58	54	65	70	75	75	129	156.70	Yth.	
	4.	Conor McAleavey	GoLift	Strabane	82.30	90	95	95	0	110	115	120	115	115	139.70	Snr.	
	5.	Jimmy Jennings	Hercules	Dublin	84.70	43	46	48	48	53	57	58	58	106	126.90	M7	
94 kg.	1.	David Mulqueen	The Edge	Dublin	87.20	93	94	97	94	125	127	131	127	221	260.84	Snr.	
	2.	Philip Smyth	Unattached	Belfast	92.50	90	96	102	96	120	125	130	125	221	253.88	Snr.	
	3.	Laurence McConnell	St. Gabriel's	Belfast	92.30	85	90	96	96	119	123	123	119	215	247.23	M7	
	4.	Stephen Hyland	The Edge	Clontarf	91.00	82	84	84	84	106	108	112	112	196	226.80	Snr.	
	5.	Brendan Cooke	GoLift	Belfast	88.00	75	80	85	80	100	110	112	112	192	225.63	Snr.	
105 kg.	1.	Aaron Small	Asylum	Bangor	97.60	90	95	100	95	125	132	137	137	232	260.59	Snr.	
	2.	Scott Heyes	GoLift	Belfast	96.80	87	87	92	87	105	110	115	110	197	220.02	M1	
	3.	Aaron Clarke	GoLift	Belfast	94.80	63	63	66	63	80	85	90	90	153	173.92	Yth.	
+105 kg.	1.	Robert Miller	GoLift	Belfast	116.50	90	100	105	105	120	127	132	127	232	245.40	Snr.	
	2.	Jamie Grogan	St. Gabriel's	Belfast	117.50	67	70	70	70	82	83	83	83	153	161.46	Yth.	
					Best Lifter (Women)												
	1.	Emma Alderdice	GoLift	Belfast	59.60	55	60	65	60	68	73	77	77	137	189.14	Snr.	
	2.	Helen Smyth	The Unit	Craigavon	61.80	47	49	51	49	62	75	68	68	117	157.51	W1	
	3.	Sarah Swan	The Edge	Dublin	66.50	42	44	45	44	52	56	58	58	102	130.91	Snr.	
	4.	Lorna Cummins	C.F.W.D.	Belfast	67.20	35	37	41	41	52	55	60	60	101	128.78	Snr.	
					Best Lifter (Men)												
	1.	James Swan	The Edge	Dublin	82.30	104	108	110	108	125	130	--	125	233	283.04	Snr.	
	2.	Timmy Graham	GoLift	Belfast	72.90	90	95	100	95	110	115	122	122	217	282.13	Snr.	
	3.	David Mulqueen	The Edge	Dublin	87.20	93	94	97	94	125	127	131	127	221	260.84	Snr.	
	4.	Aaron Small	Asylum	Bangor	97.60	90	95	100	95	125	132	137	137	232	260.59	Snr.	
					Best Lifter (Youth's)												
	1.	Jamie Hill	St. Gabriel's	Belfast	74.20	63	67	70	70	83	86	90	90	160	205.84	Yth.	
	2.	Ryan Johnson	Abbey	Newry	72.30	57	60	63	63	77	80	80	80	143	186.85	Yth.	
	3.	Niall McGovern	Abbey	Newry	76.20	60	60	60	60	77	80	83	83	143	181.15	Yth.	
	4.	Niall McGovern	Abbey	Newry	76.20	60	60	60	60	77	80	83	83	143	181.15	Yth.	